

# **Developmental Disabilities Administration**

August 2023

## **DDA Specialty Adult Family Home Pilot**

**DDA Specialty AFH Pilot** supports are provided exclusively to individuals who have a primary need of care related to an intellectual or developmental disability (I/DD) and live in an Adult Family Home contracted to implement the Pilot.

A DDA Specialty AFH will provide a pro-active person-centered approach to care by designing specialty supports specifically for individuals with intellectual/developmental disabilities (I/DD). Providers will utilize tools and approaches that provide support and training for clients to increase their skills and independence as identified in their individual goal(s).

Specialty AFH Pilot participants will have opportunities based on individualized interests, life skill goals, and preferred activities that will assist them to achieve their goals. Activities may include individual as well as group activities, both at home and in the community.

Each participant and their provider will create together a monthly calendar to document their planned skills and activities that will include one or more goals that fall into these six categories:

- Self-Empowerment by making daily choices and decisions.
- Safety awareness and self-advocacy.
- Social skills and positive relationships.
- Coping skills with everyday challenges.
- Managing daily tasks and home living.
- Community living and integration events.

#### Monthly Documentation will include:

- "SAIL" Skills, Abilities, Interests, and Learning form.
- Monthly Calendar.
- Monthly Goal and Progress Report.
- Negotiated Care Plan, if updated.



## **Eligibility Requirements**

Individuals who are:

- A client of DDA.
- 18 years of age or older
- Live in a contracted Specialty Adult Family Home.
- Agree to participate in the Specialty AFH Pilot

### **AFH Requirements**

The AFH must

- Be free of any health and safety enforcement action at time of contracting.
- Have a DSHS contract.
- Accepts Medicaid.
- Complete Developmental Disability Specialty Training (DDST).
- AFH census must be 100% DDA eligible clients.
- Complete Orientation with the Specialty State Plan Services Program Manager.
- Agree to terms and conditions of the Specialty AFH Pilot Subcode contract.
- Complete annual CE trainings as listed in the Specialty AFH contract.



### August 2023

# **Authority**

- <u>Title 71A RCW</u> Developmental Disabilities
- **WAC 388-106-0115** How does CARE use criteria to place me in a classification group for residential facilities?
- WAC 388-106-0270 What services are available under community first choice.

### **Budget**

• State plan services are forecasted.

#### **Rates**

• \$2,500.00 per eligible client paid to the Specialty AFH.

#### **Partners**

- Clients of DDA
- Families of program participants
- Aging and Long-Term Support Administration (ALTSA)
- The Arc of Washington
- DD Ombuds
- Disability Rights Washington
- Washington State Developmental Disabilities Council (DDC)
- Adult Family Home Council
- Adult family home providers

### **Oversight**

#### **External**

- ALTSA Residential Care Services Division
- Centers for Medicare and Medicaid Services (CMS)
- Washington State Department of Health
- State Legislature

#### Internal

- DDA Case Resource Manager
- DDA Performance and Quality Improvement Specialists
- DDA State Plan Residential Unit Specialists

#### **Information Contact**

### **Developmental Disabilities Administration**

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