# Shopping the Farmers' Market during

### COVID-19



#### Stay home if sick

 Wearing a mask does not mean people who are sick should go out into the community.



#### Plan for success

- Check websites or Facebook pages for updates. Call or email ahead if unsure of changes.
- Learn if your market is using pre-order or drive-through options.
- Make a shopping list.



## Wash your hands (before & after)

- Wash your hands at home before leaving and after returning.
- Handwashing stations may be available at the market.



#### Clean reusable bags

- Machine wash and care for your bags between shopping trips; use only clean bags.
- Individual markets may have different requirements around reusable bags – check ahead of time.



#### Use a mask

• Show that you care: wear a mask to the market, if possible.



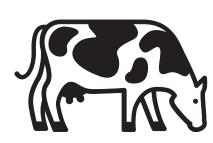
#### Look for instructions

- Markets may post instructions on signs around the market.
- Markets may have volunteers instructing visitors.
- Pre-order or drive-through options might be used by your market.



#### **Expect delays**

 The number of customers allowed to shop at one time will be limited.
Please be patient.



## Keep 6 feet (1 cow) apart

• Be friendly from afar: Wave, share a "peace" sign, or crinkle your eyes in a smile from behind your mask!



## Shop alone, if possible

• Bring only as many household members as is absolutely needed.



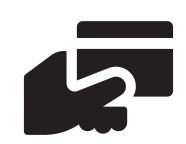
#### Shop speedily

- Know what you are looking for (create a list!)
- Buy items as quickly as possible.
- Avoid gathering in groups.



#### Eat at home

- Food trucks and prepared food may be present but only for takeout.
- No onsite food consumption.
- When eating takeout at home:1) Open packaging 2) Wash hands
  - 3) Remove food 4) Toss packaging
  - 5) Wash hands again 6) Enjoy!



#### Plan how to pay

- Small bills to make exact change may be helpful.
- Credit cards or prepay methods may be available – check with your market.

