

## Counseling Check List

Discuss the need for immediate isolation, even before results of the test are available.

---

Advise patients to inform their immediate household/contacts that they may [wish to be tested](#) and quarantine as well. Review locations and people they have been in contact with in the past two weeks.

---

Review the [signs and symptoms](#) of COVID-19.

---

Inform patients that if positive, they will likely be contacted by a public health worker and asked to provide a list of the people they've been with for contact tracing, encourage them to 'answer the call'.

---

Discuss services that might help the patient successfully isolate and quarantine at home.

---

### Further information is available through the links below:

Overall:

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Testing:

<https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html>

[3 Steps to Take While Waiting for Your COVID-19 Test Results](#)

Symptoms:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Self Care:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>

Care at Home:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

Contact Tracing:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/overview.html>

- Communication Toolkit:  
<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing-comms.html>
- Consumer Page:  
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>
- FAQs:  
<https://www.cdc.gov/coronavirus/2019-ncov/faq.html#Contact-Tracing>