ISOLATION AND QUARANTINE
QUICK SHEET

Michigan.gov/Coronavirus

Isolation and quarantine are important strategies to prevent the spread of illnesses, like Coronavirus Disease 2019 (COVID-19).

- Isolation is used to separate people who are sick with a contagious illness from people who are not sick.
- Quarantine is used to separate and restrict movement of people who are not currently sick, but may have been exposed to a contagious illness. Individuals in quarantine are monitored to see if they become sick.

Local health departments determine when a person should be isolated or quarantined based on an individual's symptoms, exposures, and travel history. Local public health will work with the individual and facilities to provide wraparound services when necessary.

- Individuals who are tested for COVID-19 and receive a positive result will be isolated until fully recovered.
- Isolation can take place in a healthcare facility or at home, depending on severity of illness.
- Contacts of individuals diagnosed with COVID-19 will be evaluated by the local health department. If warranted, close contacts may be asked to home quarantine (and be monitored) for up to 14 days.

How does the health department monitor people who are quarantined?

Depending on the risk to the person and the public, the local health department may contact the quarantined person daily to ask if they have developed symptoms like cough, shortness of breath, and fever.

- After 14 days, if there are no concerning symptoms, the person will no longer be monitored or quarantined.
- If the person has symptoms, they may be asked to see a healthcare provider.
- If the person is very sick, they may be referred for care and isolated at a healthcare facility.

For travelers:

- People who travel may be screened at the airport when they return.
- The local health department may follow up with (monitor) travelers, depending on where they traveled to.
- Travel history is important for healthcare providers to assess risk.

Actions for health departments.

The local health departments have legal authority for residents and schools in their area and can issue quarantine orders, cancel school and gatherings as necessary.

The State of Michigan has issued temporary orders to restrict large assemblages and events.

MDHHS
Michigan Department of Health & Human Services

For more information, visit **Michigan.gov/Coronavirus**.

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