

Spring 2021 art and dance classes

Clay Hand Building and Glazing

Using a variety of clay, tools, methods and imagination, learn how to hand build. Slab roller and extruder are available for use. Fee includes instruction, firing and supplies. Space is limited. In-person program only. Instructor: Vivian Visser. No class Monday, May 31.

Fee, 8 sessions: \$92 Levy member; \$107, nonmember

6 Session: \$69 Levy Member; \$84 nonmember

Mondays, March 1 - April 19, 9:30 a.m. to 12:30pm, Code: 514606A1

Mondays, March 1 - April 19, 1 p.m. to 4 p.m., Code: 514606B1

Mondays, April 26 – June 7, 9:30 a.m. to 12:30 p.m., Code: 514606C1

Mondays, April 26 – June 7, 9:30 a.m. to 12:30 p.m., Code: 514606D1

Mosaic Tile - Stained Glass

Discover the art of mosaic using stained glass. Learn about basic techniques, tools and materials involved in creating mosaic art. This class covers cutting, adhesives, substrates, design layout, and grouting. Fee includes materials, just bring yourself. Participants will pick up and take home materials from the Levy Senior Center. This program is virtual only. Instructor: Vivian Visser.

Fee: Per 10 week session, \$100 Levy Member, \$115 Non-Member

Fridays, March 19 – May 21, 9:30 a.m. to 11:30 a.m., Code: 514626A1

Continuing Line Dancing

This class is for dancers with some previous line dance experience. No time will be given to learning basic steps. The dance level of this class is "high beginner." This class is only being offered virtually. Instructor: Billie Jean Darling.

Fee, 8 sessions: \$48 Levy Senior Member / \$63 Non-Member

Wednesdays, March 3 – April 21, 2:15 p.m. to 3:15 p.m., Code: 514616A1

Line Dance Practice

We'll keep it simple! If you haven't danced for a while and are looking for a refresher class or if you would just prefer less complicated choreography - this is the class for you. Knowledge of basic steps, terminology and some previous line dance experience would be helpful. This class is being offered virtually. Instructor: Billie Jean Darling.

Fee, 8 sessions: \$48 Levy Senior Member / \$63 Non-Member

Wednesdays, March 3 – April 21, 1 p.m. to 2 p.m. Code: 514618A1

Move it or Lose It

A movement class designed to improve balance, coordination, cognition, strength and mobility. This class uses light exercises adapted from a fall prevention program while increasing your mind and body. This program is a fun way to dance your way to health and balance. This program is being offered in-person and virtual. Instructor: Nichola Goss

Fee: 8 sessions, \$32 Levy member / \$47 Non-Member

Wednesdays, March 3 - April 21, 11:30 a.m. to 12:15 p.m. Code: In-person 514350A1

Code: Virtual 514350B1

Adult & Senior Ballet Class

Wednesdays, 10:30-11:15am

Regain your ballet technique or try for the first time. Come and practice your plies and tendus. We will enjoy a classical ballet class format with barre, center adagio and allegro. All exercises are encouraging our bodies to explore grace and strength. Ability to modify. This program is being offered in-person and virtually. Instructor: Nichola Goss. Location: Dance Room.

Fee: 8 sessions, \$48 Levy Member / \$63 Non-Member

Wednesdays, March 3 - April 21, 10:30 a.m. to 11:15 a.m. Code: In-person 514623A1

Code: Virtual 514623B1

BeMoved – NEW CLASS

BeMoved is a new dance class that is about sharing the joy of dance with people of all movement abilities. With over 15 different unique dance genres, BeMoved inspires participants to embrace dance as a lifelong path to health, joy and fulfillment.

In this class, you will experience BeMoved's Warm-Up, Genre, and Cool-Down. Every Gentle BeMoved class starts with a seated warm up, which progresses to upright dancing, but this can be modified. The Warm-Up infuses breath and movement in artistically choreographed sequences that activate core strength and balance while improving flexibility and coordination. The Genre section uses continuous and engaging dance combinations which stimulate the brain. Finally, the Cool Down brings your workout full circle, leaving you balanced in mind, body and soul-feeling rejuvenated. This class will be held on zoom and in-person.

Fee: \$64 Levy Member / \$79 Non-Member

Date: Thursdays, March 4 - April 22, 1 p.m. to 1:45 p.m.

Activity #: 514017A1 (in-person) / 514017B1 (virtual)

Instructor: Heidi Mokrzycki

(continued)

Beginning Mixed Media – NEW CLASS

This course introduces seniors to the joy of experimenting with a wide variety of materials to create mixed media projects: recyclable sculptures, assemblages, collage techniques, paper mache, and multicultural mask making. No prior knowledge is needed. This class will be held in-person with COVID-19 safety precautions. Materials are included in class fee.

In each session, the artist introduces pieces of art for discussion and inspiration. Viewing and discussing aspects of form, content, and material, based on works by Henry Moore, Alexander Calder, and other well-known artists to inspire new creations.

Date: Fridays, March 5 - April 23, 8-week session

Time: 10am to 12pm (2 hours)

Fee: \$95 Member / \$110 Non-Member

Location: Craft Room A, Levy Senior Center

Week 1 "Form, Shape and Mass"

Exercises in seeing three-dimensional form in our immediate environment, drawing from experiences in sculpture parks at museums or outdoor sculptures, we begin with a discussion about sculptures and materials.

The first art activities today are Free Form Drawings, scribbles on paper, using pencils, and crayons.

The second art activity includes creating the human figure from foil and Paris craft.

Week 2-4 "Recyclable Sculpture"

Beginning with the discussion of Eli Nadelman's "Man in the Open Air" Bronze

sculpture and Henry Moores' Family at MoMA we continue our exercises in seeing. Each week the artist introduces works by Picasso and other artists for discussion. The second part of the lesson then includes developing a variety of found sculpture works, made from found objects.

Week 5-6 " Multicultural Mask Making"

Beginning with an introduction about mask traditions and identity in various cultures, Africa, India, Asia, Europe, and America, the artist presents a variety of artifacts made from many materials for discussion and texture touching. The first art activity is a drawing inspired by one of the masks, and another drawing developing an idea for an original creation. Depending on the progress, participants then develop their own masks, using mask templates provided to embellish and decorate with various materials, feathers, beads, yarn, fabric, etc.

Week 7 -8 "Collages and Assemblages"

Looking at work by contemporary artists, like Robert Rauschenberg, Cy Twombly, again we will study various pieces of art and discuss the juxtaposition of materials used in 2, 3, and 4-dimensional works of art.

We will create basic collages from cut-outs from the newspaper, and then ventures to create 3 d objects.