

Cumbria County Council
Early Years Team

**What can I do
today?**



This week it is ...teeth

Wednesday

May is National Smile Month so we are focusing on Teeth this week!

Toothbrush painting

- Hold onto old toothbrushes to paint with. They are excellent for producing a splattering effect with paint if you use them to flick paint with your thumb!
- You could draw a tooth shape on some coloured paper or card and get your child to 'brush' the tooth. Dip the toothbrush in a squirt of toothpaste or some white paint and show them how to gently brush in circles until they have brushed the whole tooth!
- Excellent practice on a large scale at brushing teeth!