## Go inside the hidden world of families caring for a child with disabilities and/or complex medical needs



Join us to watch the film, followed by a panel discussion featuring North Carolina families, providers and representatives from NC Child and NCCDD. Let's get a conversation going about what can be done to meet the needs of North Carolina families caring for a child with disabilities and/or complex medical needs.

We will also share opportunities for stakeholders to strengthen their advocacy skills.

## THURSDAY, NOVEMBER 17th 11:00 am to 1:00 pm

An estimated 16.8 million people in the U.S. are caring for a child with disabilities or complex medical needs. The demands of daily life and chronic stress can negatively affect the mental and physical wellbeing of parent caregivers. With limited accommodations and uncertainty about the future, caregivers often face isolation and exhaustion. In Unseen, parents are brutally honest about their experience, providing insight such as:

- "We're just hanging on by a thread most of the time. The hardest part is that it's nobody's fault. It's not our fault. It's not his fault. It's just part of our life."
- "Our parenting and caregiving will continue indefinitely, and that's just overwhelming."
- "Most caregivers are not fine, and they are not doing well."

## **CLICK HERE TO REGISTER**

Brought to you by:



