

Amity Lunch

Menu

November 2022



Condiment Carb List

	Tuesday	Wednesday	Thursday	Friday
	1 Bosco Cheese Filled Breadsticks (2) Green Beans Marinara Sauce Peaches	2 Chicken Tenders (3) w/Dinner Roll Steamed Broccoli Fresh Romaine Garden Salad Fresh Apple Slices	3 National Sandwich Day Grilled Cheese Tomato Soup Celery Sticks w/ Dip Mixed Fruit Salad 	4 App Day: 3 mozz, 3 mini corn dog, pretzel Baked Beans, Homestyle Marinara Sauce Pineapple
7 Stuffed Crust Cheese Pizza Steamed Broccoli Fresh Romaine Garden Salad Peaches	8 TEACHER IN-SERVICE DAY NO SCHOOL! 	9 Confetti Pancakes with Sausage Patties (2) Tater Tots Celery Sticks w/ Dip Fruit Juice, 100% (4 oz.)	10 Cheeseburger on Bun Baked Beans, Homestyle Baby Carrots w/Ranch Dip Cup Applesauce	11 Chicken Nuggets (5) with Dinner roll Mashed Potatoes Fresh Cucumbers Chilled Pears
14 Nachos with Taco Meat, Shrd Chz Black Beans & Corn Salsa Frozen Fruit Slushee Sidekick	15 Apple Cinn French Toast with Sausage (2) Tater Tots Baby Carrots w/Ranch Dip Cup Orange Juice	16 HOLIDAY MEAL Breaded Chic Drumstick Stuffing Mashed Potatoes Green Beans Baked Apples Pumpkin Pie (1/10th sl) 	17 Mini Cheese Filled Breadstick Bites (4) Corn Marinara Sauce Peaches	18 Quesadilla, Cheese Cooked Carrots Fresh Cucumbers Flavored Applesauce Cup
21 Chili Hot Dog with Cheese Potato Smiles Fresh Broccoli Florets Frozen Fruit Slushee Sidekick	22 Stuffed Crust Cheese Pizza Corn Baby Carrots w/Ranch Dip Cup Chilled Strawberries	23 	24 	25 
28 Popcorn Smacker Nuggets (10) with Roll Mashed Potatoes Fresh Romaine Garden Salad Chilled Pears	29 Hot Breaded Mozzarella Sticks (5) Marinara Sauce Baked Beans, Homestyle Pineapple	30 Hot Dog on Bun with Mac and Cheese Steamed Broccoli Celery Sticks w/ Dip Flavored Applesauce Cup	This institution is an equal opportunity provider. Choice of Milk Included with Every Lunch	