



**OneCare
Kansas**

a program of KanCare, Kansas Medicaid

OneCare Kansas Newsletter

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Helping people live healthier lives by integrating and coordinating services and supports to treat the “whole-person” across the lifespan.

Community of Practice Update

In June, forty-five care coordinators and social workers within the contracted network gathered to as part of the OCK Community of Practice. Participants discussed collaborations with MCO Care Coordinators and examples of Member and Family Support Services from across the network. The group also exchanged resources for a range of services to support physical and social needs and celebrated the impact that this type of sharing has had on the members they serve. Our thanks to everyone who attended and participated in this discussion!

Learning Collaborative Update

Our next event will be the OCK Learning Collaborative with Leaders and Managers on July 19th. For more information on our peer-to-peer learning events, please contact vanessa.lohf@wichita.edu.





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OCK Highlights

The state continues to gather stories regarding the OneCare Kansas program and how it is helping KanCare members. A recent story came to us from Brenda at TECH; this story also highlights the value of collaboration within the network.

“Our care team is currently supporting a member, Missy, with I/DD who has also dealt with mental illness her entire adult life. The OCK program has allowed for consistent collaboration and communication about the difficulties and struggles that Missy encounters on a day-to-day basis with the her entire care team. Due to the strong team relationship and collaboration between our team at TECH and the team at Horizons Mental Health, this has allowed for her needs to be attended to in a personalized way; such as making sure her medications are adjusted accordingly, as needed.

Additionally, being in OCK has also allowed for Missy to receive in-home services and face-to-face consultations during a crisis phase. The latter of which recently helped to prevent Missy’s admission to a mental health hospital. Missy is also able to receive her mental health appointments through tele-medicine appointments or phone conference as well. This ultimately allows Missy to make the choice of how to participate in the program based on how she is feeling at the time, which is helpful.”

Thank you Brenda for sharing this story and to the care teams at TECH and Horizons Mental Health for all of the great, collaborative work!

If you would like to submit an OCK success story, please email OneCareKansas@ks.gov.



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HAP Updates

The state team appreciates all of the recent feedback received on the Health Action Plan (HAP) portal. In an effort to address the suggestions made and to improve the portal in a way most useful to our OCKP care teams, the state team has added items to the portal. Please see the newest additions to the portal and some helpful explanations below:

- A date showcasing when the last HAP was submitted for a member has been added.
 - If no initial HAP has been submitted for a member, then no date is showcased within the provided field.
- The number of days remaining until the next HAP submission is required for a member has been added.
 - The number in this field is calculated based on the date of the last HAP submission, unless no initial HAP was been submitted.
 - If no initial HAP has been submitted, then the number in this field is calculated based on the effective date of enrollment for the member.

The changes listed above are now active and are accessible by logging into the HAP portal, which can be accessed by the following link: <https://onecarekansashap.org/Account/Login>. If you have any further questions about these updates, please contact the OneCare Kansas team at the following e-mail address: OneCareKansas@ks.gov.

WSU-CEI: TIRO Practice Training Series

The WSU Community Engagement Institute recently wrapped up their free Trauma-Informed-Resilience-Oriented (TIRO) Practice Staff Training Series for organizations contracted to provide OneCare Kansas services in June. Trainings topics included Professional Self-Care and Trauma-Informed Supervision. Thank you to all of the partners who attended and made this series a success!

If you would like access to the recorded sessions, please contact TISCTeam@wichita.edu. Please also be on the look out for information on the TIRO Transformation series of training and technical assistance events for OCK partners that will go live in the fall.



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If you have questions, or would like more information about OneCare Kansas, please contact us.

Our page on the KanCare website also contains information about our work to develop the project and documents are being updated regularly.

If you would like to receive this newsletter please send us an email.

Email:

OneCareKansas@ks.gov

Website:

www.kancare.ks.gov



Special Note

Stay Cool in Hot Summer Temperatures

Summer is here and high temperatures appear to be in full swing! High temperatures can be very dangerous and kill more than 700 people every year. However, heat-related deaths are preventable. During these high temperature months, individuals should take measures to stay cool and remain hydrated.

Two things impact the body's ability to cool itself during extreme heat are:

- High Humidity: Sweat does not evaporate as quickly, which keeps your body from releasing heat as fast as it needs to.
- Personal Factors: Age, obesity, dehydration, fevers, poor circulation, and sunburns can play a role in whether your body can cool off in extreme heat.

Additionally, individuals aged 65 and older are at a higher risk for heat-related illnesses and should take the following protective actions:

- Stay in air-conditioned buildings and do not rely on fans
- Drink more water than usual
- Try to avoid using the stove or oven to cook since it will make the house warmer, and therefore, more uncomfortable

Even young and healthy people can get sick from the extreme heat if they participate in physical activities and should take the following protective actions:

- Limit outdoor activity, especially midday when the sun is at its hottest
- Wear sunscreen
- Drink more water than usual
- Wear loose, lightweight, light colored clothing
- Pace your activity

Taking the proper protective actions will keep yourself safe in the extreme heat of the summer.

For more information, please visit the link below:

<https://www.cdc.gov/nceh/features/extremeheat/index.html>