

Cumbria County Council  
*Early Years Team*

## What can I do today?



**This week it is ...teeth**

## Sunday

***May is National Smile Month so we are focusing on Teeth this week!***

### **Collect smiles!**

- When you have lovely clean teeth, it makes your smile even more bright and sparkly.
- Why not challenge your child to collect smiles today – smile at the people you know and see how many smile back! Who can get the most smiles?

*A smile is quite a funny thing,  
it brightens up your face.  
And when it's gone  
You'll never find  
It's secret hiding place  
But far more wonderful it is  
To see what smiles can do.  
You smile at one,  
They smile at you,  
And so, one smile makes two.  
Author unknown*