

Cumbria County Council

What can I do today?



This week it is ... bottles!

Monday

Have fun in the bath!

- Raid the plastic recycling bag to make a collection of clean empty plastic bottles and add them to the bath (avoid any that have previously held household cleaners).
- If you have a baby gently pour the water from a bottle in front of them. Let them reach out and explore the water trickling onto their hands.
- Have fun with your child exploring filling and emptying, use language such as full, empty, half-full.
- Try poking holes into a bottle so your child can explore the water sprinkling out – can they put their fingers on the holes to stop it?
- Explore what happens if you put the lid on an empty bottle. Can you push it under the water? Will it stay there?
- If you have bottles with sports lids try aiming for a target like a bath toy and squirting them.
- Add plastic cups to turn bath time into a pretend café! What drink will you order? How much will it cost?