

Community Champion - Role Specification

Age: 18+

Number of hours: 12 hours/month

Brook would like to engage enthusiastic individuals from Lambeth Southwark and Lewisham (LSL) with an interest in volunteering and becoming influencers. Community Champions will work with Brook to communicate and cascade positive Sexual and Reproductive Health messages to their local communities. Champions will assist individuals in their local communities to access a range of sexual health and wellbeing services, helping them to take responsibility for their own health needs.

Why be a Community Champion?

- Community Champions are trained to be leaders in their local area and are knowledgeable about sexual and reproductive health
- Champions take action against stigma and discrimination by supporting Brook to deliver clear sex-positive messages to people in the Black African, Caribbean and other minority ethnic (BME) communities
- Champions are influencers and will be equipped with the necessary training, information and skills to engage with their community and offer support regarding sexual and reproductive health
- Champions are a voice in their communities, promoting awareness and assisting individuals to make informed choices about their sexual health and wellbeing

Benefits of being a Community Champion:

- Be provided with accredited training on a wide range of sexual health and wellbeing topics
- Develop skills and knowledge in SRH, influencing and engaging individuals and communities
- Be trained in community participation and engagement
- Be provided with on-going support by expert staff
- Gain experience in delivery of sexual and reproductive health programmes
- Meet people with similar passions and make a positive impact in your community

What to expect

All Community Champions will:

- Receive full training on various sexual and reproductive health (SRH) topics
- be supported by one of Brook's Education and Wellbeing team and receive regular support and supervision

- be required to volunteer **3 hours/week** (or more if available) to support BME communities in LSL around SRH needs
- Encourage and inspire others to tackle stigma and discrimination in SRH by delivering clear sex-positive messages
- Make links with existing groups and networks who may want to be access SRH training
- Signpost individuals in the community to relevant local services
- Promote Brook's work and current campaigns in LSL making use of your personal and external followers/community to raise awareness
- Co-deliver community engagement events alongside other service partners
- Provide feedback on experiences, lessons learned and case studies from the community

Person Specification:

We recognise our Community Champions will come from diverse BME backgrounds with a range of skills and experiences.

We require all Brook Community Champions to;

- Live, work or study in LSL
- Be committed to volunteering within the BME communities in LSS
- Have some knowledge of SRH or an interest in learning about SRH, social justice issues and /or health inequalities
- Have an open minded, customer focused attitude with a passion to make a difference
- Have a 'hands on' approach and a 'can do' attitude
- Be able to network and build relationships with individuals and organisations in the community
- Have excellent communication skills, particularly with underrepresented groups
- Be able to speak confidently to groups of people, especially about SRH
- Understand boundaries and work in a sensitive, confidential and non-judgemental way
- Be able to work without direct supervision, using own initiative
- Have good interpersonal skills and be able to work as part of a team
- Be reliable and punctual, with good organisational skills
- Have good computer and written skills, and be able to write basic reports
- Participate in required training
- Be committed to confidentiality
- Be committed to the aims, values and purposes of Brook's work

A satisfactory Disclosure and Barring check will apply to this role

If you have any questions about the application or the role, please get in touch with Samantha Telemaque.

Email: samantha.telemaque@brook.org.uk

Direct number: 07923 250 358

Further details are available on the website (add in the link)

