

Cumbria County Council

What can I do today?



This week it is ...our senses

Wednesday

Sense of smell

- Smelling pots- collect about six to eight non see-through pots, you could use paper cups or empty yogurt pots.
- Put a different ingredient into each individual pot. So that you have a range of aromas e.g. coffee, chocolate, squashed banana, cut grass, orange segments, baby powder, scented flower, popcorn, garlic, mint leaves...or any others that you have.
- Cover the tops with paper (so that your child can't see what is inside) and secure with an elastic band.
- Pierce a few holes in the top of each pot.
- How many smells can your child guess?

Please make sure anything you use is safe to do so, and always check for any allergies.