

ISOLATION + QUARANTINE GUIDANCE by Vaccination Status

This guidance applies to the general public. If you live or work in a high-risk setting, including long-term care, correctional and healthcare settings contact your employer and/or public health for additional guidance.

		UNVACC	INATED/	PARTIAL	LY VACC	INATED	FULLY VACCINATED*									
POSITIVE FOR COVID-19	Isolate Immediately Stay separated from people who are healthy until you have had no fever for at least 24 hours (without the use of fever-reducing medicines), AND symptoms have improved, AND it has been at least 10 days since symptoms began or test date if asymptomatic.															
EXPOSED TO COVID-19 AND SYMPTOMATIC	Isolate and get tested If positive, continue isolating. If negative, stay at home until your symptoms have resolved or you have completed quarantine, whichever is longer.							Isolate and get tested If positive, continue isolating. If negative, stay at home until your symptoms resolve and consider testing again if symptoms persist. Contact public health for additional guidance.								
EXPOSED TO COVID- 19 AND ASYMPTOMATIC	Quarantine and get tested A 14-day quarantine is the best way to reduce further spread of this virus. However, if you are experiencing a hardship that will prevent you from staying in quarantine for a full 14 days there are options available to shorten the quarantine period for some situations (see table below). Please contact any organizations where you spend time to ensure a shortened quarantine is appropriate and safe.							Monitor for symptoms and get tested Quarantine is not required. Mask in indoor public spaces for 14 days after your last known exposure and seek testing 5-7 days after your exposure or at any time during the 14 days if you become symptomatic.								
SYMPTOMATIC, NO KNOWN COVID-19 EXPOSURES	Stay home and get tested If positive, isolate. If negative, remain at home while symptomatic and check with your workplace or school on return to work/school guidance.															
Quarantine options	DAYS SINCE LAST KNOWN COVID-19 EXPOSURE															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
14-day Quarantine (best practice)					-	otimal time to te										
10-day Quarantine					asymp	otomatic (best pi	actice)	Self-monitor**								
7-day Quarantine		Testing required***								Self-monitor**						
	= Quarar	tine. How to	quarantine:	https://covid	119.colorado	o.gov/how-to-	quarantine									

*An individual is considered fully vaccinated at the time of an exposure if it has been 2 weeks since the second dose in a 2-dose series or 2 weeks after a single dose series. | **When a quarantine is shortened to less than 14 days, the individual must continue to self-monitor for symptoms through day 14 and isolate immediate and seek testing if symptoms develop.

***The 7-day shortened quarantine option requires proof of a negative COVID-19 test, collected no sooner than 5 days after the last known exposure. If the test is negative AND the individual has remained asymptomatic, quarantine can end after the 7th day of quarantine. | Prepared by Boulder County Public Heath 8.17.2021