

Cumbria County Council

What can I do today?



This week it is ... bottles!

Wednesday

Make a bottle orchestra!

- Gather a collection of bottles with lids.
- Think about different items you can add to the bottles such as rice, different pasta shapes or snapped up dry spaghetti, beads, gravel, lentils etc.
- Make sure the lids are on very tightly.
- For young babies shake the bottle gently to encourage them to turn their heads to the sound.
- For older babies let them pick up the bottles and shake them. Always supervise as they contain small objects.
- For older children get them to shake along to a favourite song or nursery rhyme.
- Can they shake the bottles fast? Slow? In a steady marching beat? Can they shake them softly? Loudly?
- Do the bottles sound different? Which do they like the best? Which is the quietest? Which makes the loudest noise?