

## Sounds Are All **Around on the Farm**





## Why Protect Your Hearing?

Noise-induced hearing loss:

- )) Can build over time.
- )) Is permanent.
- )) Is preventable.



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https://www.noisyplanet.nidcd.nih.gov

Toll-free voice: (800) 241-1044

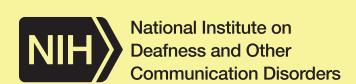


## **How to Protect Your Hearing:**

- ) Lower the volume.
- \*) Move away from the noise.



») Wear hearing protectors, such as earplugs or earmuffs.





U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES National Institutes of Health National Institute on Deafness and Other Communication Disorders





