

Cumbria County Council

*Early Years Team*

**What can I do  
today?**



**This week it is ...shoes**

## **Friday**

### **Laces!**

- Not many young children's shoes have laces on now, but at some point, they have to master the tricky task of lacing and tying shoes!
- Draw a shoe shape out of card and pierce holes for your child to thread a lace through.
- Actual laces are best as they have a hard bit on the end which makes threading easier.
- Depending on the age of your child, you may get them to thread the lace through however they please (threading activities are great at developing hand coordination) or you may get them to thread the lace like you do on shoes.
- For older children you could even introduce tying a shoelace, you could use the rhyme;

*'Bunny ear, bunny ear, jumped into the hole,  
popped out the other side, beautiful and bold'*