How Loud Is Too Loud on the Farm?

Sound is measured in decibels (dB). Sounds at or above 85 dBA* can cause hearing loss. The louder the sound, the quicker it can damage your hearing. *dBA = A-weighted decibels

2 minutes at 110 dBA

14 minutes at 100 dBA

8 hours at 85 dBA

140-170 dBA Shooting sports, or fireworks

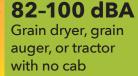


dBA Chainsaw



85-107 dBA Pig squeals

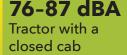






87-98 dBA Woodshop







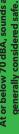
60-70 dBA

Normal conversation, or hens clucking



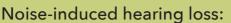
30 dBA

Whisper





Why Protect Your Hearing?



- Can build over time.
- Is permanent.
- Is preventable.

How to Protect Your Hearing:

- Lower the volume.
- Move away from the noise.
- Wear hearing protectors, such as earplugs or earmuffs.



https://www.noisyplanet.nidcd.nih.gov Toll-free voice: (800) 241-1044

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Institutes of Health National Institute on Deafness and Other Communication Disorders

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Sources: The Noise NavigatorTM Sound Level Database and CDC's National Center for Environmental Health

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