Cumbria County Council

## What can I do today?



This week it is ... bottles!

## **Saturday**

## Is time for bowling!

- Bottles make perfect bowling pins! They don't even have to be the same size or shape.
- Decorate them in whichever way you choose! Some paint may not stick but you could stick on different coloured paper or perhaps number the bottles.
- Use a soft ball indoors and set up your bowling alley!
- If you are playing outside you may wish to put a bit of water in the bottles to give them a little weight so the wind doesn't blow them over as easily. A football may be better to knock them down.
- How do you stand the pins? Close together or far apart? Can you count how many you knock down?
- Babies may not be able to roll a ball to knock the pins down but place them next to their feet so they can kick them down to explore cause and effect.