

PREP_aRE WORKSHOP 2: MENTAL HEALTH CRISIS INTERVENTIONS: RESPONDING TO AN ACUTE TRAUMATIC STRESSOR IN SCHOOLS (Third Edition)

The third edition of this PREP_aRE workshop develops the knowledge and skill required to provide immediate mental health crisis interventions to the students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor. The knowledge and skill developed within this session also helps to build a bridge to the psychotherapeutic and trauma informed mental health response sometimes required to address challenges associated with trauma exposure.

WS2 LEARNER OBJECTIVES:

This workshop will help participants:

1. Report reduced anxiety and fear associated with the provision of school mental health crisis interventions;
2. Report increased knowledge and confidence associated with the provision of school mental health crisis interventions;
3. Identify variables that help to estimate the number of individuals traumatized by a crisis;
4. Recognize the difference between common crisis reactions and mental illness;
5. Identify the elements of school crisis preparedness specified by the PREP_aRE acronym;
6. Recognize risk factors that predict psychological trauma;
7. Identify the warning signs that indicate psychological trauma;
8. Place PREP_aRE mental health crisis interventions on a multitiered continuum ranging from least to most restrictive; and
9. Match the degree of psychological trauma risk to the appropriate school crisis interventions.

CPD CREDITS

This 2-day workshop offers 13 credit hours of document NASP- Approved CPD.