

Cumbria County Council

Early Years Team

**What can I do
today?**



**This week it is...
...homemade instruments**

Sunday

Cymbals and shakers

- It is easy to make cymbals by using jam jar lids to hit together. The size, shape and material the lid is made of will change the sounds. Can you bang in time to the music or marching? Can you hit them to a rhythm?
- Make a simple shaker to go with the cymbal.
- Use a cardboard tube that you could decorate first.
- Place a piece of paper over one end of the tube and secure in place with an elastic band.
- Fill the tube with some items that will make a sound when you shake them, for example, rice, pasta, beads or lentils. Always supervise play using small items.
- Secure the other end of the tube with paper and an elastic band.
- Can you shake fast? Slow? Loudly? Quietly?