

## Emergency Responders and Military Personnel FREE YOGA CLASS

Spouses/Friends/and Family welcome too Beginner Level Class... Mats will be provided

## Saturday February 11, 2023 10:30AM to 11:30AM

Guerrieri Hall Gym Wor-Wic Community College

Vance Row RYT-200 yogarescueinfo@gmail.com 410-726-2469



FB: Yoga Rescue

