

## ALEX STAYBOLDT BOZZETTE LECTURE

## SCRIPPS MERCY HOSPITAL GRAND ROUNDS

## **Breaking our Code of Silence: What we can do about healthcare professional burnout, depression and suicide**



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DATE: Tuesday, September 20, 2016 TIME: 8:00 am- 9:00 am LOCATIONS: Scripps Mercy Hospital

San Diego campus: West Auditorium 4077 5th Ave. San Diego CA 92103

Chula Vista campus: Conference Library 435 H Street, Chula Vista CA 91910



In memory of Alexander L. Stayboldt Bozzette, MPH. Alex believed that "Everyone everywhere deserves to be healthy."

To that end he traveled extensively and used his education, experience and passion to help the oppressed. Alex was born at Mercy Hospital and this photo is from the 2015 Mercy Ball.

After attending this educational activity, participants will be able to

- 1. Discuss healthcare professional burnout and approaches to maximize wellness and engagement
- 2. Recognize healthcare professional depression and destigmatize treatment for ourselves and others
- 3. Understand the high rates of suicide among healthcare professionals and approaches to prevention

Accreditation Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of  $1 \text{ AMA/PRA Category 1 Credit^{TM}}$ . Physicians should only claim credit commensurate with the extent of their participation in the activity.

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